

## Equity Statement

According to Webster Dictionary, equity is defined as, “fairness or justice in the way people are treated often; freedom from disparities in the way people of different races, genders, etc. are treated.”

Adversity seems to be an aspect of living that is difficult to avoid - no matter who, what, where or when you are experiencing life. Still, some individuals, ethnicities, families, groups and cultures face extra challenges, restrictions and/or barriers to living a full life because of who they are, how they appear to the world or because aspects of their identity challenge the status quo.

In some instances, this hardship has been curated intentionally through legal, justice and economic systems, public policy, work-place procedures and through other ways that we design and construct our physical and social realities (schools, neighborhoods, congregational, etc.)

One’s experience with this is likely multi-layered. Our various identities can be a ‘blessing’ in one area of life and a ‘barrier’ in another. We are all navigating various levels of privilege, power, marginalization and belonging.

History, generational trends and the environment impacts individual and collective well-being in positive, negative and neutral. It certainly can influence our expansion or constriction.

AND.

Each one of us houses a unique capacity that surpasses any label, identity, title, experience or limit the world (or our own self) may try to impose. Fortunately, each one of us gets a choice in how we proceed with that knowledge.

Here are some examples of groups that have been targeted and/or those who may experience some extra layers of hardship or adversity.

- Black, Indigenous or non-white
- Woman or femininity
- LGBTQUIA+
- Poverty and/or low-income
- Currently or formerly incarcerated
- Trauma

*Updated 3/4/26*

- Education and/or literacy level
- Relationship status and/or Polyamory
- Immigration status and/or Languages spoken (or not spoken)
- Youth and/or Elderly
- Disability and/or Health Issues
- Neurodivergence
- Mental / Personality Disorders
- Housing and/or food-insecure
- Veterans
- Belief system
- Other niche sub-groups and/or populations

If you feel that Quiet Storm has overlooked some aspect that ought to be included here, please feel free to reach out and let us know! It's a work in progress over here, and we are not above (or below) tough conversations or being better informed.

People who are or identify