Behavioral Health Supports & Services – Sedgwick County



RESOURCES/PANELIST ORGANIZATIONS

Please click on the links below to visit the organizations for additional Behavioral Health resources.

9-1-1 Emergency Communications | Sedgwick County, Kansas

COMCARE | Sedgwick County, Kansas

Mental Health Association of South Central Kansas

Substance Abuse Center of Kansas

Mental Health & Substance Abuse Coalition

Behavioral Health Services

Family Crisis Response Helpline



















Kansas Department for Children and Families Family Mobile Crisis Helpline

Services are available for all Kansans 20 years old or younger, including anyone in foster care or formerly in foster care.

Call, text, or chat with the helpline at

833-441-2240

A wealth of resources at your fingertips



Over the phone support and problem solving to help resolve a child's behavioral health crisis



Over the phone
support with referral to
community resources or a
recommendation to engage
in stabilization services



In-person support via mobile crisis response if the crisis cannot be resolved over the phone



In emergency situations, EMS, law enforcement and/or the mobile crisis response unit will be contacted to assist



















Línea de ayuda de respuesta a crisis familiar del Departamento de Niños y Familias de Kansas

Hay servicios disponibles para todos los residentes de Kansas de 20 años de edad o menos, incluso para los individuos que estén o hayan estado en régimen de acogida.

Llame, envíe un mensaje de texto o chatee con la línea de ayuda al

833-441-2240

Muchísimos recursos a su alcance



Asistencia y resolución de problemas por teléfono para ayudar a resolver la crisis de salud conductual de un niño



Apoyo por teléfono con recomendaciones de recursos de la comunidad o para participar en servicios de estabilización



Asistencia en persona a través del servicio de respuesta movil a crisis si la crisis no se puede resolver por teléfono



En casos de emergencia, se contactará a los servicios de urgencia, la policía o la unidad de respuesta movil a crisis para que brinden asistencia



















Sở Trẻ Em và Gia Đình KansasĐường Dây Trợ Giúp Ứng Phó Với Khủng Hoảng Gia Đình

Các dịch vụ được cung cấp cho tất cả người dân Kansas từ 20 tuổi trở xuống, bao gồm bất kỳ ai trong cơ sở chăm sóc nuôi dưỡng hoặc từng ở trong cơ sở chăm sóc nuôi dưỡng.

Hãy gọi, nhắn tin hoặc chat theo đường dây trợ giúp ở số

833-441-2240

Rất nhiều nguồn lực trợ giúp trong tay quý vị



Hỗ trợ qua điện thoại và giải quyết vấn đề để giúp xử lý khủng hoảng sức khỏe hành vi của trẻ nhỏ



Hỗ trợ qua điện thoại và giới thiệu tới các nguồn lực cộng đồng hoặc gợi ý tham gia vào các dịch vụ ổn đinh



Hỗ trợ gặp đích thân qua dịch vụ trợ giúp ứng phó với khủng hoảng qua di động nếu không thể giải quyết khủng hoảng qua điện thoại



Trong các tình huống khẩn cấp, EMS và/hoặc giới thực thi pháp luật và/hoặc đơn vị ứng phó khủng hoảng qua di động sẽ được liên hê để hỗ trợ



















Kansas Rā eo an Ejmour ñan Ajiri im Lain in Jibañ an Baamle ilo ien Ebin

Jerbal ko rej bellok ñan aolep ro ilo Kansans 20 yiio ak driklak, koba ippen jabdrewot ilo foster care ak ijo kar mokta jen jikin lale ajiri ro ejelok jinier im jemer.

Call, text, ak chat ilo lain in jibañ

833-441-2240

Juon wawein jibañ ilo peim



Lale ilo telephone im jolok abañ ñan jibañ ikijen crisis in ejmour an mantin juon ajiri



Support ilo telephone ñan bar lelak ñan community jibañ ak rejang ñan connect ilo jerbal in jerbal ko

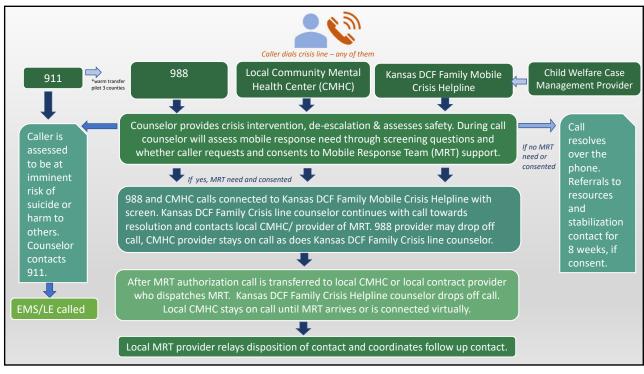


Support ilo-armij via kenan lak ilo cellphone ñe wawein eo ejjab maroñ eman e ilo telephone

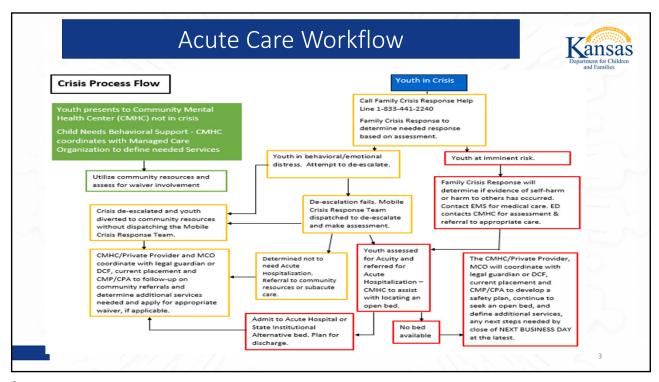


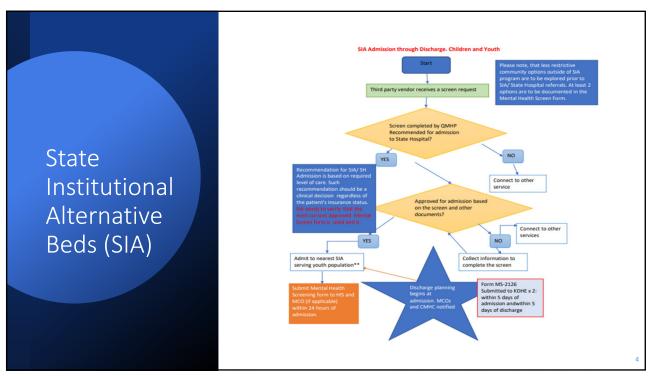
Ilo ien jidimkij, EMS, jibañ ikijen kien im/ak unit in wawein an mobile enij tobar ir ñan jibañ

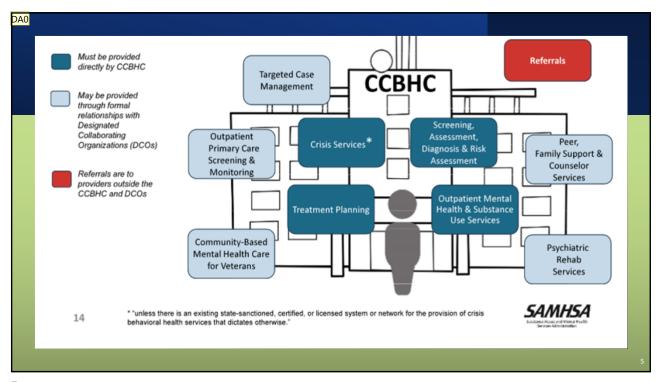




2







Partner with us for Kansas families.

Families Together, Inc.





We share the same goal. Let's work together.

OUR MISSION

To empower and strengthen families so kids can remain in their family home.

OUR WORK

Special education and accessing disability services can add additional stress to families. Funded by DCF, The Family Advocacy, Support, and Training (FAST) program focuses on supporting families with a child with an intellectual/developmental disability or a dual diagnosis of I/DD and mental illness. Through intensive educational support, we help parents understand their role and rights in special education. We attend IEP meetings, and provide peer to peer support. We help families connect to disability resources in their communities and provide opportunities for family members to connect with one another, reducing the feeling of isolation.

Together we can help Kansas families stay together.

FAST
Family Advocacy,
Support, & Training



REGIONAL TEAM

The FAST program employs regional Family Resource Specialists who are familiar with the communities they serve allowing for community partnerships.



CONNECTIONS

Community partnerships and connections with other families are fostered through FAST, so families know they aren't alone.



FUNDING

The FAST program has funding available to cover additional costs that often come with raising a child with a disability. Funds are used to help cover costs to improve families' ability to care for their children.

Contact:

Darla@familiestogetherinc.org www.FamiliesTogetherInc.org



Do you have a patient who needs behavioral health services?

Ascension Via Christi's Behavioral Health team is committed to finding the best solution for patients by offering many treatment options including; inpatient, outpatient and partial-day programs.

The inpatient program provides the most intensive forms of treatment with the goal of stabilizing patients in a safe environment through medication management and group therapy.

The intensive outpatient program offers medication education and management and group therapy, with a focus on the development of healthy life skills.

The partial-day program provides more intensive outpatient therapy to those with a diagnosed mental illness, with age-specific programs for those 11-17 years old and adults 18 and older.



Ascension Via Christi

Inpatient Behavioral Health 3600 E. Harry

Wichita, KS 67218

To refer or transfer a patient call: (physicians and providers only) 316-268-5555

Outpatient Behavioral Health

1515 S. Clifton, Suite 300 Wichita, KS 67218

To set up an assessment, call: 316-858-0218

viachristi.org/behavioralhealth

This program or service is part of Ascension Via Christi Health, Inc. Ascension Via Christi is an Equal Opportunity (EOE) and Affirmative Action Employer. We support diversity in the workplace.

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Behavioral health



A caring voice for a brighter future

Inpatient program

The Ascension Via Christi Behavioral Health Center provides four levels of inpatient care:

- Acute psychiatric care, for patients with acute symptoms including thoughts of suicide, severe depression or psychosis
- Adult psychiatric care, where structured individual and group treatment is provided for patients with less acute symptoms and medical detoxification for chemically dependent patients is available
- Adolescent care, designed to meet the unique clinical and educational needs of 12- to 17-yearold patients in need of crisis stabilization and short-term hospitalization
- Care for chronically mentally ill patients

Providing integrated medical and behavioral healthcare for patients ages 4 to adulthood with 101 all-new private rooms located at Ascension Via Christi St. Joseph.

- 50 adult rooms
- 25 senior rooms
- 14 adolescent rooms (10 rooms for ages 11 to 17, four rooms for ages 4 to 11)
- 12 medical psych safe rooms (built to accommodate patients requiring dialysis; oxygen, IV medications, or other medical interventions)

All inpatient services require a referral.



Partial-day program

Ascension Via Christi's partial-day program is the most intensive form of outpatient therapy and psychoeducation for treating and managing a mental illness while allowing the patient to live at home.

- Patients attend five days a week, six hours a day, Monday-Friday, 8 a.m.-3 p.m.
- Adolescent program (11-17)
- Adult program (18 and older)

Intensive outpatient program

Ascension Via Christi's intensive outpatient program is a less intensive option providing the same type of service as the partial-day program.

- Patients attend three days a week, six hours a day, Monday-Friday, 8 a.m.-3 p.m.
- Includes adolescent and adult programs

Patients may benefit from outpatient programs if they have:

- A primary psychiatric diagnosis (Axis I) other than substance abuse/dependence
- Adequate cognitive ability to benefit from educational and therapeutic offerings
- Evening and weekend support
- Access to transportation

Patients who enroll in these intensive, short-term programs must be:

- Willing to participate
- Expecting progress within a specified time period
- Able to function safely without 24-hour medical/psychiatric care
- Not a threat to self or others

These services do not require a referral.



Bounce Back

An Intensive Outpatient > Psychotherapy (IOP) group (a) MHA



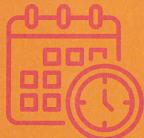
Population Served

Youth ages 8-17 who need a high level of care to address and treat moderate-severe mental health symptoms and need extra structure and support to remain in the community

Objectives

- Provide additional support to decrease hospitalizations
- Develop additional skills to address mental health, relationships, and trauma symptoms

STARTING FEBRUARY 12TH, 2024



Ages 8-11: Tuesdays and Thursdays from 3 - 6 PM

Ages 12-17: Mondays and Wednesdays from 3 - 6 PM

Located at the MHA Main Office - 555 N. Woodlawn BLVD Suite 3105 Call today to schedule an eligibility assessment 316-685-1821



OUR FOCUS IS YOU

Our OCK Care Management Team is here to help you:

- Improve your health and quality of life
- Take care of your long-term health concerns and conditions
- Work closely with your primary care doctor and other specialists
- Find community resources needed by you or your family
- Connect you with peers, in a group or individual setting, who have a shared personal experience and can support you in meeting your health goals.



WHO WE ARE

Go to our website to learn more about OCK and MHA www.mhasck.org

Mental Health Association
555 N Woodlawn Ave
Ste 3105
Wichita, KS 67208
316-685-1821



MHA provides a full range of mental and community health services to central Kansas. We have been providing services and support to Kansas residents since 1957. Our clients range from 3 years to 103 years old, and we strive to ensure that everyone gets the full benefit of our scope of services. We can provide support for more than just your mental health. We also help with medical care management, housing needs, job training, smoking cessation, substance use and addictions treatment, and so much more Our 32 programs provide the wrap-around services that commercial therapy offices cannot.





How MHA can Help You and Your Family

Management
We will help meet the needs that matter most to you





WHAT IS CARE MANAGEMENT?

MHA provides a special type of service called Care Management.



We connect you or your child with services to help you improve your health and stay as healthy as possible.

Our services begin with a team learning about the needs that affect you or your child's physical and mental health. This can be done in your home or in a provider's office.

Once the Care Management Team knows your needs, we will work with you to set goals and make plans to meet them. The goals you have for your health are an important part of the plan

https://www.kancare.ks.gov

WHAT WE DO

Our Care Management Team works closely with your provider. This helps us to:

- Work with you to help you understand and participate in your plan of care.
- Set goals with you to improve your health.
- Review your medications to be sure you know how to take them correctly.
- Ensure access to the correct medications.
- Follow up with you after a hospital admission or emergency room visit.
- Help resolve any barriers to attending medical appointments, especially after a hospital or emergency room visit.
- Provide you with tools, resources, and support to help you manage your health





Your Care Management Team includes you and:

- Your Provider(s)
- Your Caregiver
- Care Managers (Nurses & Social Workers)
- Pharmacists and HME providers
- Mental Health Specialists
- Other healthcare specialists



WHO WE SERVE

Our services are a benefit of your Kansas Medicaid Health Plan. There is no cost to members or families.

- Adults
- Children/Adolescents and their parents/guardians
- Older adults
- Medicaid recipients with certain chronic medical or behavioral health concerns





TOWN HALL METING

For more information on the project





February 26, 2024 6:30 - 8:30 PM Wichita South High School 701 West 33rd South Wichita, KS 67217

Topic of Discussion:

Come learn more about the plans for a new State Psychiatric Facility to be built at MacArthur and Meridian.

For special assistance or accommodations, call or email:

620.249.7149 centerofcommunitysupports@greenbush.org

Dialogue with DCF

BEHAVIORAL HEALTH SERVICES IN SEDGWICK COUNTY ADDITIONAL Q&A RESPONSES

Who can work with schools to let students know of your work and how they pursue careers in mental health and crisis/non-crisis care?

- "Workforce: To have enough employees to meet demand in mental health, substance abuse, social work and other behavioral health professions" is an identified priority of the Mental Health and Substance Abuse Coalition (MHSAC). WSU Tech and MHSAC are working together to address the career ladder. With these efforts, plans include outreach to the USD259 Superintendent to discuss this very question. If you would like to receive the regular updates on the work of the coalition please contact Executive Director, Dawn Shepler at dawn.shepler@wichita.edu
- Many organizations offer practicum or internship opportunities for those engaged in a
 formal education program with a number of colleges and universities. These providers
 also engage in presentations to classes of students when invited or engaged by schools
 and also participate in job fairs or recruitment activities hosted at a variety of
 institutions of higher education.

What is your biggest challenge you are facing on a day-to-day basis?

- According to Dawn Shepler, Executive Director For the MHSAC, the biggest challenge is
 ensuring that the public is educated about the projects (hospital, school, crisis center
 and MAC) happening and how individuals in the community can play a part in helping
 bring those projects forward. The hard part is how to reach all of the community who
 may have a need to know or interest in the projects. Dawn reports the need to ensure
 robust communication throughout all parts of the County is the biggest challenge.
- Sedgwick County (COMCARE & Emergency Communications) hiring part-time and fulltime positions to provide 24/7 services which includes second and third shift opportunities. These positions often require bachelor's or master's degrees.
- Substance Abuse Center of Kansas also experiences workforce challenges. It seems that
 many providers of substance use disorder treatment are unable to find enough
 qualified, licensed addiction counselors for the identified need within the community.

How many calls are you getting per month? Data per area or zip?

Sacarelon.

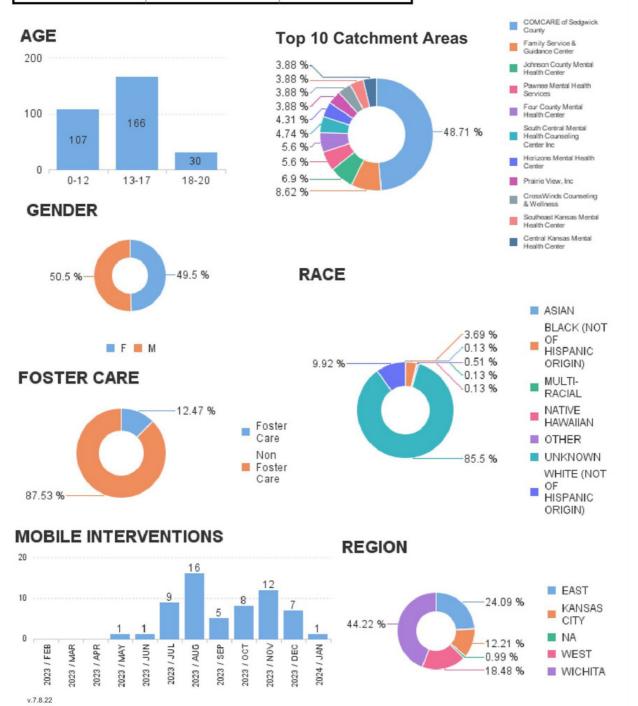
Behavioral Health

1/15/24 10:02:13 AM GMT-06:00

Family Crisis Response Helpline Report

Youth Engaged	Crisis Calls	Mobile Interventions
303	366	60

The following statistics show demographics of Kansas Youth contacting the Kansas DCF Crisis Line for a rolling 12mo timeframe.







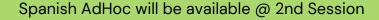




MENTAL HEALTH SKILLS GROUP TRAINING

Weekly sessions Monday's 12pm-1:30pm

- Session 1 Feb 12th–April 15th
 (No Class March 11th)
- Session 2- April 22-June 24th
 (No Class May 27th)



Weekly Skills Training:

Mindfulness

S Emotional regulation

🕥 Interpersonal effectiveness

Distress tolerance skills



For More Information:

Katrina Breeden 316-290-9754 (v)

admin@ro2se.org ☑

Urban League Of Kansas Inc (?)

2418 E 9th St N, Wichita, KS 😟

67214

Sessions will include:

• Up to a \$75 Gift card

Light beverages and snacks

Must be there for orientation (day 1)
Must be 18 years of age or older to participate

Graduation upon completion

To register: https://form.jotform.com/233625112281043 or call Katrina Breeden at 316-290-9754